PG-802

# SKIING IN JAPAN

Japan National Tourist Organization
JNTO Website : http://www.jnto.go.jp
Tourist Information Center (TIC)
10th Fl., Tokyo Kotsu Kaikan Bldg., 2-10-1,
Yurakucho, Chiyoda-ku, Tokyo 100-0006
Tel. (03)3201-3331

YOKOSO! JAPAN
"YOKOSO" means "welcome"

Mountains and long seashores are Japan's most visible features. Mountains in the central highlands and northern regions are blanketed with deep snow, making Japan's skiing grounds among the world's best. There are hundreds of ski areas in Japan, with 32 of the best listed in this guide.

**To Avoid The Crowd**
If weekends and New Year's holidays are avoided, shorter lift lines and less tight lodging situations are available. Trains and buses are very often crowded during the ski season. Book your seats in advance.

**To Book In Advance**
There are numerous accommodations at each ski resort. Rates per person per night range from ¥5,000 including two meals at Minshuku or skier's lodges to ¥20,000 and up at first class hotels without meals. Most of them is full occupied during the ski season. For reservations, please call the numbers in Column I (information).

**A Tip For Those Who Wear Boots 28.5 cm And Above**
Rental ski equipment is easy to obtain (See column E for the average charges). Skis and bindings of all sizes are available. However, in renting ski boots, large-size ski boots are hard to find. If you wear boots over 28.5 cm, call the numbers at column I to make sure that they are available.

## Guide To The Abbreviations

| Abbr. | Full Title | Remarks |
|---|---|---|
| C: | charge | In yen (¥). |
| A: | access | By train or bus. The train charge is that of an ordinary class reserved seat. Many kinds of discount can be applied for the round trip or certain ski trains. As to the bus transport, ¥100 to ¥300 as a baggage handling fee is charged per passenger on top of the ticket. |
| S: | season | The ski season depends on the snow and weather conditions. The data shown here are 2006-2007 season for the reference. |
| F: | facilities | Type of lift apparatuses at ski resorts. The charges are a weekday standard. |
| E: | equipment | One day rental charge for a set of ski equipments (ski, boots & poles). |
| R: | remarks | Tips about a skiing ground, local attractions etc. |
| Sb: | snowboard | Available or Not Available. |
| I: | information | Call the numbers for information: The depth of snow, the availability of ski equipment and reservations, etc. Since many information offices do not speak English, it is advisable to have someone who is fluent in Japanese call for you. |
| Am: | Accommodations | The number and types of accommodations in each ski resort. |

## *HOKKAIDO*

### ① Furano Ski Area (Furano-shi, Hokkaido)

A: Approx.2hrs.50min. Direct Bus (Furano Spur Liner) operated by Chuo Bus to Furano from Sapporo Prince Hotel and Asahikawa Airport. C: ¥2,450. Chuo Bus: Tel (011)231-0500. Reservation required.
S: Late Nov. to early May.
F: 1 Gondola, 8 lifts. 1 ropeway.
Lift (gondola, ropeway included) ¥4,000 (one day), ¥1,500 (night ski).
E: Ski rental ¥4,200.
R: Night skiing available. Powder snow.
Sb: Available.
I: The skiing ground office, Tel. (0167)22-1111
Furano Information Center, Tel. (0167)22-5777
Am: 5 hotels, 55 ryokans, minshuku & pensions.

### ② Niseko (Niseko-cho & Kuttchan-cho, Hokkaido)

Niseko is a grand complex of three skiing grounds (Annupuri, Higashiyama, Hirafu). The grounds are connected by lifts, gondolas and buses. A one-day ticket for the whole area is available at every ground.
A: By train: From JR Sapporo to JR Niseko 2hrs [Niseko Ski Express] (Only during ski season)
By bus: Chuo bus, Niseko bus and Donan bus operate to Niseko from JR Sapporo Sta. or New Chitose Airport daily. Reservation required.
Chuo Bus: Tel. (011)231-0500
Donan Bus[Chitose]: Tel. (0123)46-5701
S: Early Dec. to early May.
F: 4 gondolas, 28 lifts. C: One day: ¥5,200, Night ski: ¥1,900 (Annupuri), ¥1,500 (Higasiyama), ¥2,700 (Hirafu).
E: One day Ski rental ¥4,500 (Annupuri), ¥4,200 (Higashiyama), ¥4,000 – ¥6,000 (Hirafu).
Snowboard rental ¥4,500–(Annupuri), ¥4,200 (Higashiyama), ¥4,000 (Hirafu)
R: Night skiing available. Powder snow.
Sb: Available.
I: Niseko Moiwa Ski Resort Office, Tel. (0136)59-2511
Niseko Kokusai Hirafu Ski Resort Office, Tel. (0136)22-0109
Niseko Annupuri Ski Resort Office, Tel. (0136)58-2080
Am: 14 hotels, 8 ryokans, 15 lodges, 124 pensions.

### ③ Rusutsu Ski Resort (Rusutsu-mura, Abuta-gun, Hokkaido)

A: By bus: Donan bus operates to Rusutsu Resort from JR Sapporo Sta. or New Chitose Airport daily. Reservation required. Donan Bus: Tel.(011)865-5511
S: Late Nov. to mid Apr.
F: 18 gondolas and lifts. C: ¥5,000. (One-day)
E: Ski/Snowboard rental ¥4,725.
Sb: Available.
I: Rusutsu Ski Resort, Tel. (0136)46-3111
URL: http://www.rusutsu.co.jp/english/

### ④ Yamaha Resort Kiroro (Akaigawa-mura, Hokkaido)

A: From Sapporo Sta.. 1 hr. 35 min. by bus. C: ¥1,400
From Otaru 50 min. by bus. C: ¥840
S: Late Nov. to mid Apr.
F: 1 gondola, 8 lifts. C: ¥4,700 (one day), ¥3,900 (5 hours a day).
E: Ski/Snowboard rental ¥5,000 (one day).
Sb: Available.
I: Kiroro Ski Resort, Tel. (0135)34-7111
URL: http://www.kiroro.co.jp/english/

## *TOHOKU*

### ⑤ Tazawako Ski Area (Senboku-shi, Akita Pref.)

A: From Tokyo to Tazawako. approx. 3 hrs. by JR Shinkansen Komachi. C: ¥15,580 (Tokyo –Tazawako).
From Tazawako to the ski resort. 30 min. by bus.
S: Late Dec. to late Apr.
F: 6 lifts. C: ¥3,800, ¥1,900 (night ski) .
E: Ski/Snowboard rental ¥3,500 (5 hrs.).
R: Powder snow. Hot springs in its precincts.
Sb: Available.
I: Tazawako ski resort office, Tel. (0187)46-2011
Am: hotels, ryokans, pensions, lodges, minshuku.
URL: http://www.tazawako-ski.com/engligh/index.html

### ⑥ Zao (Zao Onsen, Yamagata-shi, Yamagata Pref.)

A: From Tokyo to Yamagata. 2 hrs. 45 min. by Yamagata Shinkansen. C: ¥11,370 (Tokyo – Yamagata). From Yamagata to the skiing ground. 45 min. by bus. C: ¥840.
S: Early Dec. to early May.
F: 42 (ropeways and lifts). C: lifts ¥4,600 (one day), ¥2,300 (night ski).
E: Ski rental ¥3,500, Snowboard rental ¥4,000– (depend on the shops).
R: Night skiing available. Hot springs in its precincts.
Sb: Available.
I: Zao ski resort office & Zao Onsen Tourist Information Center, Tel. (023)694-9328
Am: hotels, ryokans, minshuku, lodges, & pensions.

### ⑦ Tengendai (Yonezawa-shi, Yamagata Pref.)

A: From Tokyo to Yonezawa. 2 hrs. 15 min. by Yamagata Shinkansen. C: ¥10,540 (Tokyo – Yonezawa).
From Yonezawa to the ski resort. 50 min. by bus.
C: ¥820.
S: Mid Nov. to early May.
F: 1 ropeway, 3 lifts. C: Lift ¥3,900 (one day), ¥3,400 (5 hours).
E: Ski rental ¥3,700, Snowboard rental ¥4,000.
R: Powder snow. Hot springs in its precincts.
Sb: Available.
I: Tengendai ski resort office, Tel. (0238)55-2236
Am: lodges, pensions.

### ⑧ Appi Kogen (Appi Kogen, Hachimandaira-shi, Iwate Pref.)

A: From Tokyo to Morioka. 2hr. 55 min. by Tohoku Shinkansen. C: ¥14,040 (Tokyo – Morioka).
From Morioka to the ski resort. 1 hr. by bus. C: ¥1,070.
S: Early Dec. to early May.
F: 17 (gondolas and lifts). C: Lift pass: ¥4,800 (5hrs).
E: Ski/Snowboard rental ¥3,700 (5hrs), ¥4,800 (8hrs).
R: Night skiing available.
Sb: Available.
I: Appi Kogen ski resort office, Tel. (0195)73-5111
URL: http://www.appi.co.jp/foreign_country/english/01ski/index.html

### ⑨ ALTS Bandai Ski Resort (Bandai-machi, Yama-gun, Fukushima Pref.)

A: From Tokyo to Koriyama. 1 hr. 20 min.-1 hr. 45 min. Tohoku Shinkansen. C: ¥8,170. From Koriyama to Inawashiro 1 hr. 15 min. by JR Banetsu Saisen Line C: ¥650. From Inawashiro to ALTS Bandai Ski Resort by shuttle bus. (30 min. required).
S: Mid-Dec. to early Apr.
F: 11 (gondola and lifts). C: ¥3,900 (one day on weekdays), ¥4,500 (one day on weekends, holidays), ¥2,000 (night ski)
E: Ski/Snowboard rental ¥4,000.
R: Night skiing available.
Sb: Available.
I: ALTS Bandai Ski Resort, Tel. (0242)74-5000
URL: http://www.alts.co.jp/en/index.html

### ⑩ Grandeco Snow Resort (Kita-Shiobara-mura, Yama-gun, Fukushima Pref.)

A: From Tokyo to Koriyama 1hr. 45 min. by Tohoku Shinkansen. C: ¥8,170. From Koriyama to Inawashiro 1hr. 15 min. by JR Banetsu Saisen Line C: ¥650.
From Inawashiro to Grandeco Ski Resart by shuttle bus (40 min. required).
S: Late Nov. to early May.
F: 1 gondola, 4 lifts. C: ¥4,400 (one day), ¥3,600 (5 hrs.).
E: Ski/Snowboard rental ¥3,800.
Sb: Available.
I: Grandeco Ski Resort, Tel. (0241)32-2530
URL: http://www.grandeco.com/english_page/index.html

## *CENTRAL HONSHU*

### ⑪ Ishiuchi Maruyama, GALA & Yuzawa Kogen (Shiozawa-machi & Yuzawa-machi, Niigata Pref.)

A lift ticket good for all three resorts is ¥4,900 for one day. ¥7,900 for 2 days. This area is also famous for the hot spring.

**–Ishiuchi Maruyama–**

A: From Tokyo to Echigo Yuzawa. 1hr. 30 min. by Joetsu Shinkansen. C: ¥6,690.

From Echigo Yuzawa to the ski resort. 10 min. by free shuttle bus.
S: Mid Dec. to early Apr.
F: 19 lifts. C: ¥4,200 (one day), ¥7,300 (2 days), ¥3,200 (half a day), ¥2,000 (night ski).
E: Ski/Snowboard rental ¥2,500–.
R: Night skiing available.
Sb: Available.
I: Ishiuchi Maruyama Kanko Kyokai, Tel. (025)783-2523
Am: About 113 hotels, ryokans, minshuku, lodges & pensions.

**–GALA–**

A: From Tokyo to GALA Yuzawa. 1hr.35 min. by Joetsu Shinkansen. C: ¥7,100. Only ski season runs.
S: Mid Dec. to late Apr.
F: 1 gondola, 8 lifts. C: ¥3,600 (one day), ¥1,800 (2 hrs., 15:00 – 17:00).
E: Ski/Snowboard rental ¥4,500 (one day), ¥3,000 and up (half a day). ¥6,000 (2 days).
R: Ski resort is connected to the GALA Yuzawa Sta..
Sb: Available.
I: GALA Yuzawa Ski Resort, Tel. (025)785-6543
Am: See Accommodations for Ishiuchi Maruyama or Yuzawa Kogen.
URL: http://www.gala.co.jp/2007/GALA_English/index.html

**–Yuzawa Kogen, Nunoba–**

A: From Tokyo to Echigo Yuzawa. 1hr.30 min. by Joetsu Shinkansen. C: ¥6,660.
From Echigo Yuzawa Sta. to the ski resort. 5 min. by free shuttle bus.
S: Mid Dec. to early Apr.
F: 1 ropeway, 6 lifts. C: ¥4,000 (one day), ¥3,000 (half a day), ¥1,500 (night ski only at Nunoba).
E: Ski/Snowboard rental ¥2,500.
R: Night skiing available. Hot springs in its precincts.
Sb: Available.
I: Yuzawa Kogen ski resort office, Tel. (025)784-3326
Yuzawamachi Kanko Kyokai, Tel. (025)785-5505
Am: About 16 hotels & ryokans, 52 minshuku & pensions.

### ⑫ Naeba (Mikuni, Yuzawa-machi, Niigata Pref.)

A: From Tokyo to Echigo Yuzawa. 1hr.30 min. by Joetsu Shinkansen. C: ¥6,690.
From Echigo Yuzawa Sta. to the ski resort. 50 min. by bus. C: ¥650.
S: Mid Nov. to early May.
F: 3 gondolas, 24 lifts. C: ¥5,000 (one day included gondola and ropeway), ¥2,500 (2hrs. / a day not included Dragondola and Kagura area), ¥2,500 (night ski).
E: Ski/Snowboard rental ¥4,300.
R: Night skiing available.
Sb: Available.
I: Naeba ski resort office, Tel. (025)789-2211
Naeba Ryokan Association Information Office, Tel. (0257)89-2706
Am: About 90 hotels & others including ryokans, lodges, pensions.
URL: http://www.princehotels.co.jp/ski/naeba-e/index.html

### ⑬ Myoko Suginohara (Suginozawa-shi Myoko-shi, Niigata Pref.)

A: From Tokyo to Nagano. 1hr.45min. by Nagano Shinkansen. C: ¥7,970.
From Nagano to Myoko Kogen on JR Shinetsu Line. 40 min. C: ¥650.
From Myoko Kogen Sta. to the ski resort. 25 min. by bus C: ¥200.
S: Mid Dec. to early Apr.
F: 1 gondola, 7 lifts. C: ¥4,000 (one day), ¥3,000 (half a day), ¥1,500 (night ski).
E: Ski / Snowboard rental ¥3,500.
R: 10 various ski resorts. Night skiing available.
Cross-country ski is available at Ikenodaira.
Sb: Available.
I: Myoko City Kanko Kyokai, Tel. (0255)86-3911
Myoko Suginohara/Kokusai ski resort office, Tel. (0255)86-6211
Am: About 100 ryokans, lodges, pensions & minshuku.

### ⑭ Shiga Kogen (Yamanouchi-machi, Nagano Pref.)

A: From Tokyo to Nagano. 1hr.45min. by Nagano Shinkansen. C: ¥7,970.
From Nagano Sta. to the ski resort. 70 min. by bus to the resort. C: ¥1,800.
S: Mid Nov. to early May.
F: 5 gondolas. 1 ropeway. 65 lifts. C: ¥4,800 (good for all facilities for one day). ¥2,000 (night ski).
E: Ski rental ¥3,000–, Snowboard rental ¥4,000–.
R: The biggest ski area in Japan, comprised of 21 individual ski resorts. Night skiing available.
Sb: Available (Okushiga, Kumanoyu & Yokoteyama are unavailable).
I: Shiga Kogen Kanko Kyokai, Tel. (0269)34-2404
Am: About 104 hotels, ryokans & lodges.
URL: http://www.shigakogen.gr.jp/english/

### ⑮ Kusatsu Kokusai (Kusatsu-machi, Gumma Pref.)

A: From Ueno to Naganohara Kusatsuguchi. 3 hrs. 5 min. by limited express on JR Takasaki, Joetsu and Agatsuma Lines. C: ¥5,330.
From Naganohara Sta. to the ski resort. 25 min. by bus. C: ¥670.
S: Early Dec. to early May.
F: 1 ropeway, 12 lifts. C: Ropeway ¥900 (one ride). ¥4,500 (one day). ¥3,500 (half a day). ¥1,800 (night ski).
E: Ski rental ¥3,500–.
R: Night skiing available. Hot springs.
Sb: Available.
I: Kusatsu skiing ground office, Tel. (0279)88-8111
(Reservation) Kusatsu Onsen Ryokan Association, Tel. (0279)88-3722
Am: About 20 hotels, 80 ryokans, 40 pensions.
URL: http://www.kusatsu-kokusai.com/winter/english/index.html

### ⑯ Oze-Iwakura Ski Resort (Katashina-mura, Gumma Pref.)

A: From Ueno to Numata. 2hrs. 40 min. by Joetsu Shinkansen, transfer to Joetsu line at Takasaki St. C: ¥5,430. 1 hr. from Numata Sta. to the ski resort by bus (3buses / day). C: ¥1.800. (Note: Reservetion required. Tel. (0278)58-7131.)
S: early Dec. to early Apr.

F: 1 gondola, 13 lifts. C: ¥4,500 (one day), ¥4,700 (One day/holiday).
E: Ski rental ¥3,000–.
Sb: Available.
I: White World Oze-Iwakura, Tel. (0278)58-7777
Am: About 55 hotels, lodges and pensions.

### ⑰ Togari Onsen (Iiyama-shi, Nagano Pref.)

A: From Tokyo to Nagano. 1 hr. 45 min. by Nagano Shinkansen. C: ¥7,970. From Nagano to Togari Nozawa Onsen. 1 hr. on JR Iiyama Line.
From Togari Sta. to the ski resort. 5 min. by bus or taxi.
S: Mid Dec. to early Apr.
F: 9 lifts. C: ¥3,900 (one day), ¥2,500 (half a day), ¥1,700 (night ski).
E: Ski / Snowboard rental ¥2,000–.
R: Night skiing available.
Sb: Available.
I: Togari Onsen ski resort office, (0269)65-2359
Togari Tourist Association, Tel. (0269)65-3161
Am: About 85 lodges, minshuku & pensions.

### ⑱ Nozawa Onsen Snow Resort (Nozawa Onsen-mura, Nagano Pref.)

A: From Tokyo to Nagano. 1 hr. 45 min. by Nagano Shinkansen Asama. C: ¥7,970. From Nagano Sta. to Nozawa Onsen. 1 hr. 30 min. by bus (5-6 buses / day).
S: Late Nov. to early May.
F: 20 Gondolas & lifts. C: gondola & lift ¥4,600 (one day), ¥3,500 (half a day), ¥1,500 (night ski).
E: Ski rental ¥2,300–, Snowboard rental ¥3,000–.
R: Hot springs in its precincts. Night skiing available.
Sb: Available.
I: Nozawa Onsen ski resort office, Tel. (0269)85-3166
(Reservation) Nozawa Onsen Ryokan Association, Tel. (0269)85-2056
or Minshuku Association, Tel. (0269)85-2068
Am: 24 hotels & ryokans, 250 lodges, minshuku & pensions.
URL: http://www.nozawaski.com/e/

### ⑲ Iizuna Kogen Resort (Iizuna-machi, Nagano Pref.)

A: From Tokyo to Nagano. 1 hr. 45 min. by Nagano Shinkansen Asama. C: ¥7,970.
From Nagano Sta. to the ski resort. 40 min. by bus (1 bus / day, only weekend). C: Approx. ¥1000.
S: Late Dec. to late Mar.
F: 7 lifts. C: ¥3,000 (one day), ¥2,000 (half a day 5 hours /holiday), ¥1,500 (night ski).
E: Ski rental ¥2,000–, Snowboard rental ¥3,000–.
Sb: Available.
I: Iizuna ski resort office, Tel. (026) 253-3210 / (026) 253-3911
Am: About 20 hotels, lodges and pensions.

### ⑳ Toakushi Ski Resort (Nagano-shi, Nagano Pref.)

A: From Tokyo to Nagano 1hr. 45 min. by Nagano Shinkansen Asama. C: ¥7,970.
From Nagano Sta. to the ski resort 1 hr. by bus. C: ¥1,310.
S: Mid Dec. to early Apr.
F: 7 lifts. C: ¥4,000 (one day), ¥3,000 (half a day).
E: Ski rental ¥1,500, Snowboard rental ¥2,000–.
R: Night skiing not available.
Sb: Available.
I: Togakushi Ski Resort, Tel. (026)254-2106
Am: About 95 hotels, lodges, ryokans & pensions.

### ㉑ Tsugaike Kogen (Otari-mura, Nagano Pref.)

A: From Shinjuku to Hakuba. 3 hrs. 40 min. by limited express JR Super Azusa. C: ¥8,070.
From Osaka to Matsumoto. 4 hrs. 38 min. by JR limited express Shinano.
From Matsumoto to Hakuba. 2 hr. 27 min. by JR limited Express Super Azusa. C: ¥11,830 (Osaka – Hakuba).
From Hakuba to the ski ground. 10 min. by bus. C: ¥380.
S: Early Dec. to early May.
F: 1 gondola, 26 lifts. C: Gondola & Lift ¥4,500 (one day). ¥3,500 (half a day). ¥2,000 (night ski).
E: Ski rental ¥2,500–, Snowboard rental ¥3,000–.
R: Night skiing available. Helicopter service to the summit (Late Mar., Golden Week Season, late Apr. to early May. C: ¥9,500).
Sb: Available.
I: Tsugaike Kogen General Tourist Center, Tel. (0261)83-2515
Am: 29 hotels, 28 Ryokans & minshuku, 53 lodges, 22 pensions.

### ㉒ Sun Alpina-Kashimayari, Aokiko, Hakuba-Sanosaka (Omachi-shi & Hakuba-mura, Nagano Pref.)

S: Mid Dec. to early Apr.
F: One day Pass is good for all ski resort. C: ¥3,900.
R: 3 separate skiing grounds within easy reach.
Sb: Available.

#### –Sun Alpina Kashimayari–

A: From Shinjuku to Shinano Omachi. 3 hrs. by limited express on JR Chuo & Oito Lines. C: ¥7,440.
From Osaka to Matsumoto. 4 hrs. by limited express on JR Tokaido & Chuo Lines. From Matsumoto to Shinano Omachi. 30 min. by limited express JR Super Azusa. C: ¥10,890 (Osaka – Shinano Omachi).
From Shinano Omachi Sta. to the skiing ground by free shuttle bus.
F: 8 lifts. C: ¥3,500 (one day), ¥2,800 (half a day). ¥2,000 (night ski).
E: Ski rental / Snowboard rental ¥3,000.
R: Night skiing available.
I: Sun Alpina-Kashimayari, Tel. (0261)23-1231
Am: Approx. 14 hotels & ryokans, 23 minshuku, 2 pensions.

#### –Sun Alpina Aokiko–

A: From Shinjuku to Shinano Omachi. 3 hrs. by JR limited express. From Shinano Omachi to Yanaba on JR Oito Line. 19 min. C: ¥7,760 (Shinjuku to Yanaba).
From Osaka to Matsumoto. 4 hrs. by limited express on JR Chuo Line. From Matsumoto to Yanaba. 1 hr. 10 min. on JR Oito Line. C: ¥9,860 (Osaka – Yanaba).
From Yanaba to the skiing ground. 5 min. by shuttle bus.
F: 5 lifts. C: ¥3,000 (one day), ¥2,600 (half a day).
E: Ski rental ¥3,500, Snowboard rental ¥4,000
I: Aokiko ski resort office, Tel. (0261)23-2391
Omachi City Tourist Office, Tel. (0261)22-0190
Am: 1 hotel, 1 lodge 3 minshuku, 2 pensions.
Hotel Blue Lake, Tel. (0261)23-1111

**–Sun Alpina Hakuba-Sanosaka–**

A: From Shinjuku to Shinano Omachi. 3 hrs. by limited express. From Shinano Omachi to Minami-Kamishiro on Oito Line. 27 min. C: ¥7,760.
From Osaka to Matsumoto. 4 hrs. by limited express JR Shinano on Tokaido & Chuo Lines.
From Matsumoto to Minami-Kamishiro. 2hrs. by express on Oito Line. C: ¥9,860 (Osaka – Kamishiro).
From JR Minami Kamishiro to the ski resort. 15 min. walk. or 5 min. by shuttle bus.
F: 6 lifts. C: ¥3,500 (one day), ¥2,800 (half a day).
E: Ski rental ¥3,500 / Snowboard rental ¥3,500.
I: Sanosaka Tourist Association, Tel. (0261)75-2811
Sanosaka ski resort office, Tel. (0261)75-2452
Am: 13 lodges & pensions, 16 ryokans & minshuku.

**㉓ Hakuba Happo One (Hokujo, Hakuba-mura, Nagano Pref.)**

A: From Shinjuku to Hakuba. 3 hrs. 40 min. by limited express JR Super Azusa. C: ¥8,070.
From Osaka to Matsumoto. 4 hrs. 38 min. by limited express JR Shinano. C: ¥9,120.
From Matsumoto to Hakuba. 1 hr. 27 min. by limited express JR Super Azusa. C: ¥2,770
From Hakuba Sta. to the skiing ground. 5 min. by bus. C: ¥180.
S: Early Dec. to early May.
F: 1 gondola, 27 lifts. C: ¥4,600 (one day), ¥3,300 (half a day), ¥2,000 (night ski).
E: Ski/ Snowboard rental ¥3,000–.
R: Night skiing available.
Sb: Available.
I: Happo One Tourist Association, Tel. (0261)72-3066
Am: 80 hotels, ryokans, lodges, pensions & minshuku.

**㉔ Kurumayama Kogen (Kitayama, Chino-shi, Nagano Pref.)**

A: From Sinjuku to Chino. 2 hrs. 37 min. by limited express JR super Azusa. C: ¥5,870.
From JR Osaka to Chino 3 hrs. 30 min. by Tokaido Shinkansen limited express on JR Chuo Line.
From Chino Sta. to Kurumayama 1 hr.by bus.
S: Early Dec. to early Apr.
F: 8 lifts. C: ¥4,300 (one day), ¥2,000 (night ski).
E: Ski/Snowboard rental ¥3,500–.
R: Night skiing available.
Sb: Available.
I: The ski resort office, Tel. (0266)68-2626
Am: 57 hotels, lodges & pensions.
URL: http://www.kurumayama.com/e/index.htm

**㉕ Nikko Yumoto (Nikko-shi, Tochigi Pref.)**

A: From Tobu Asakusa Sta. to Tobu Nikko Sta. 1 hr. 50 min. by limited express SPACIA. C: ¥2,620. 1 hr. 15 min. by bus from Tobu Nikko. C: ¥1,650.
S: Mid Dec. to Mar.
F: 4 lifts. C: ¥3,500 (one day), ¥2,800 (half a day).
E: Ski/Snowboard rental ¥3,500.
R: Hot springs, lakes and waterfalls in its precincts. A 10-min. walk away, "Kotoku Skiing Ground" only for cross-country skiing, Tel: (0288)55-0585.
Sb: available.
I: Yumoto skiing information, Tel. (0288)62-2532.

## *WESTERN HONSHU*

**㉖ Makino Kogen Makino Skiing Ground (Takashima-shi, Shiga Pref.)**

A: From Kyoto to Makino. 1 hr. 20 min. by local train on JR Kosei Line. C: ¥1,110. From JR Makino Sta. to the skiing ground (Makino Kogen Onsen Sarasa Bus Stop.). 10 min. by bus. C: ¥220.
S: Late Dec. to early Mar.
F: 1 moving side walk.
E: Ski rental ¥1,500 - 3,500, Snowboard rental ¥4,000 - 5,000.
R: 17 hotels & minshuku. It has 300,000 $m^2$ ski area, and 60-year history. It is ideal for beginners, intermediate skiers and families.
Sb: Available.
I: Tel. (0740)27-0936

**㉗ Manba Ski & Snowboard Paradise (Toyooka-shi, Hyogo Pref.)**

A: By bus: Zentan Bus operate to Mamba Ski Area from Hankyu Sanban-gai(Osaka) C: ¥3,250 and from Hyogo prefectural government C: ¥2,850. 2 runs daily.
Approx. 3hrs. Tel: (0796)32-2021
S: Mid Dec. to mid Mar.
F: 5 lifts. C: ¥4,500 (one day)
E: Ski ¥3,000–.Snowboard ¥4,000–.
R: You can enjoy famous Tajima-gyu (Tajima beef) & Matsuba-gani (Queen-crab) in restaurants and accommodations nearby.
Sb: Available.
I: Skiing ground, Tel. (0796)45-0191
Tourist information, Tel. (0796)45-0800
Am: 16 minshuku.

**㉘ Daisen Kokusai Ski Area (Daisen-cho, Tottori Pref.)**

A: From Shin-Osaka to Okayama. 1 hr. 15 min. by Sanyo Shinkansen.
From Okayama to Yonago. 2 hrs. by limited express JR Yakumo. C: ¥9,880 (Osaka – Yonago).
From Yonago to Daisenji. 50 min. by bus. C: ¥800.
S: Mid Dec. to early Apr.
F: 8 lifts. C: ¥4,800 (one day)
E: Ski rental ¥2,700–. Snowboard rental ¥3,500.
R: 4 different ski resorts nearby.
Sb: Available.
I: Daisen Tourist Information Center, Tel. (0859)52-2502
Daisen Skiing ground office, Tel. (0859)52-2321
Daisen Hotel, Tel. (0859)52-2111
Am: About 30 ryokans and minshuku.

**㉙ Hachikita Kogen Ski Resort (Muraoka-cho, Osasa, Mikata-gun, Hyogo Pref.)**

A: From Osaka to Yoka. 2hrs. 50 min. by limited express on JR Kita-kinki Line. C: ¥4,910. From Yoka Sta. to Hachikita-guchi. 40 min. by bus. C: ¥1,110. From Hachikita-guchi to the skiing ground. 20 min. by bus / 10 min. by taxi. C: ¥400 / ¥1,200.

S: Early Dec. to mid Mar.
F: 12 lifts. C: ¥4,500 (One-day)
E: Ski rental approx. ¥3,000. Snowboard rental approx. ¥3,500.
Sb: Available.
I: Hachikita Kogen Ski Resort, Tel. (0796)96-0201

### ㉚ Dyna Land (Gujo-shi, Gifu Pref.)

A: Direct bus service from Nagoya Sta. (Reservation required, Tel. (052)561-5100)
S: Late Nov. to early Apr.
F: 6 lifts. C: ¥4,300. (One day)
E: Ski/Snowboard rental ¥4,600.
Sb: Available.
I: Dyna Land Telephone Service, Tel. (0575)72-6636
Am: 22 hotels, lodges, minshukus & pensions.

### ㉛ Meiho Ski Resort (Gujo-shi, Gifu Pref)

A: 3 hrs. by direct tour bus from Meitetsu Shin-Gifu Sta. One day trip only. (booking required Tel. (058)264-1515)
S: Late Dec. to Late Mar.
F: 6 lifts. C: ¥4,000 (one day)
E: Ski rental ¥3,500, Snowboard rental ¥4,000.
Sb Available.
I: Meiho Ski Resort, Tel. (0575)87-2811
24 hrs. open at the ski center & parking area.
Am: 17 minshukus.

### ㉜ Pineridge Resorts Geihoku (Nakaso, Geihoku-machi, Yamagata-gun, Hiroshima Pref.)

A: 2 hrs. by bus from Hiroshima Sta. The ski bus tour is available at Tel.(082)238-3355 for reservation.
S: Early Dec. to late Mar.
F: 5 lifts. C: ¥4,500 (one day), ¥3,500 (4hrs. /weekday)
E: Ski / Snowboard rental apporox. ¥4,500.
R: Night skiing available. 3 skiing grounds in the resorts.
Sb: Available.
I: Pineridge Resorts Geihoku, Tel. (082)635-0250

**USEFUL Website**
Snow Japan website provide you update and detail ski information in English.
**http://www.snowjapan.com**

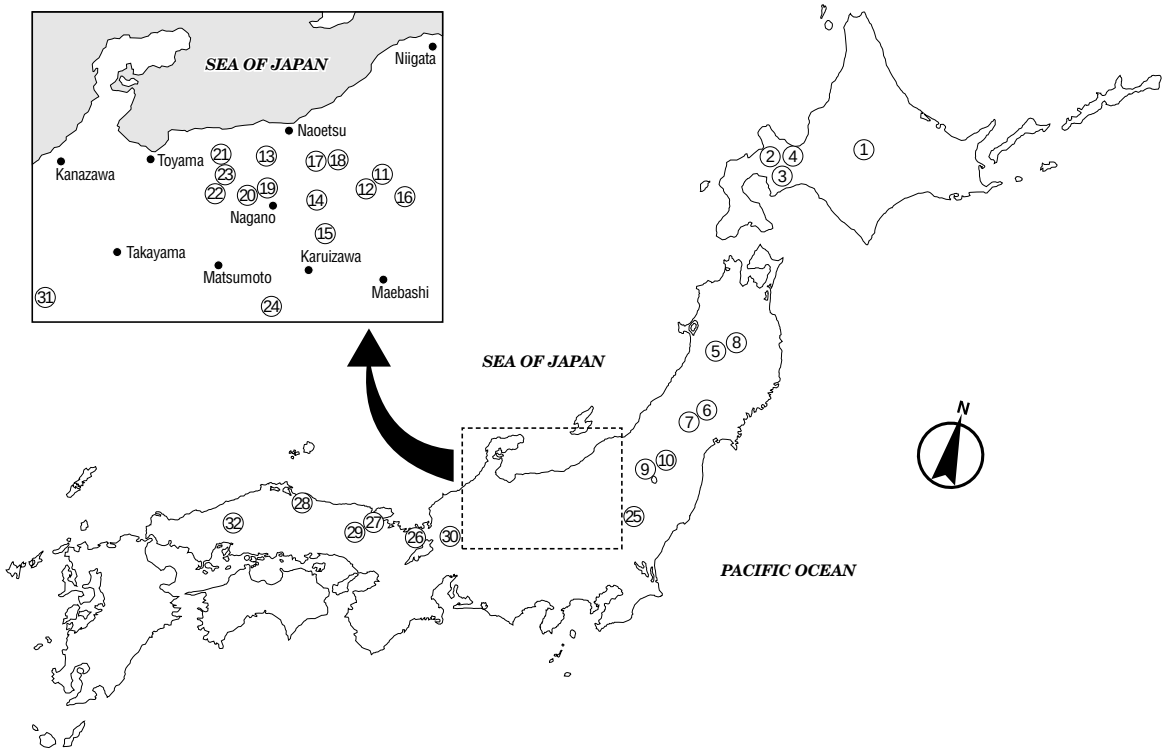
## JNTO Website

*JNTO Website can be a great help for getting detailed information for your travel to Japan. It provides a wide range of travel information in English and other 5 languages (Français・Deutsch・中文簡体字・中文繁體字・한국어) via the internet on transportation, accommodations, shopping and events. Information is updated frequently to enable you to access the latest information anytime.*

***URL: http://www. jnto. go. jp***

## The Location of 32 Ski Resorts in Japan

The numbers on the map correspond to the ones in the list.

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